



**Was Your Baby
Born Early?**

**Was Your Baby
Born Small?**

If your baby was born **early** and **small**, he or she may need extra help to grow and learn new things.

THINGS YOU CAN DO

- Find a doctor or nurse practitioner who you feel comfortable talking with and who will help you watch your baby closely.
- Learn about others in your community who can help.
- Remember to subtract the number of weeks or months that your baby was early from his age to find his “corrected age.”
- Consider your baby’s corrected age when looking at his development.

SOME QUESTIONS TO ASK

- Does my baby have problems eating?
 - Is my baby growing?
 - When should I offer new foods?
-
- Does my baby cry a lot?
 - Is my baby easy to console?
-
- Can my baby see?
 - Do I need to schedule an appointment with an eye doctor?
-
- Can my baby hear?
 - Has he ever passed a hearing test?
-
- Is my baby learning new moving skills at the right time?
-
- Are my baby’s teeth healthy?
 - When should my baby see a dentist?
-
- Is he starting to understand words?
 - Is my baby talking on schedule?
-
- Who in my community can help my baby grow and learn?
-



Talk to your baby’s doctor or nurse about your baby’s...

- Health
- Diet
- Growth
- Hearing
- Vision
- Movement
- Talking
- Behavior
- Learning
- Teeth

And about anything else that concerns you.

Some others who can help you and your baby...

- Audiologist
- Children with Special Health Care Needs Nurse
- Dentist
- Developmental Pediatrician
- Early Education Teacher
- Family Resources Coordinator
- Neonatal Follow-up Clinic
- Occupational Therapist
- Ophthalmologist
- Physical Therapist
- Psychologist
- Public Health Nurse
- Social Worker
- Speech/Language Pathologist
- Nutritionist

HEALTHY MOTHERS/HEALTHY BABIES
1-800-322-3588

This brochure was created for you by:



To order additional brochures, call 253-403-5525.