

# **Improving Access to Oral Health Care for Children With Special Health Care Needs (CSHCN) with Minor and Moderate Chronic Conditions in Washington State**

## ***GRANT GOALS, OBJECTIVES AND METHODOLOGY***

### **Goal 1: Form a Grant Advisory Group to help provide direction for grant activities.**

**Objective 1.1:** Develop roles, responsibilities and expectations for the Grant Advisory Group members by September 2007.

Methodology: DOH along with other partners will develop an outline that will clearly explain the roles, responsibilities, and expectations of Grant Advisory Group members. Grant Advisory Group members will be given this document ahead of time, and will provide the guidance throughout the grant process.

**Objective 1.2:** Select 10 representative members for Grant Advisory Group, including parents, dental and medical providers, insurance plan representatives, and local oral health and CSHCN referees by November 2007.

DOH will select 10 representatives from various organizations in the state to participate on the Grant Advisory Group. A list of all candidates will be gathered, and the members will be chosen based on criteria including geographic area, expertise, and organizations they are representing.

**Objective 1.3:** Have quarterly or biannual meetings of the Grant Advisory Group.

DOH will organize quarterly or biannual meetings of the Grant Advisory Group. These meetings will be taken at regular intervals to allow for regular communication and sharing of knowledge.

**Objective 1.4:** Receive feedback from the 2006 Forum listserv.

The Grant Advisory Group will have opportunity to communicate with 2006 Forum partners via their listserv about the proceedings of the group meetings. This feedback will be incorporated into the Advisory Group's guidance.

**Objective 1.5:** Enroll one FTE fellow at UW SOD by Sept 2007.

DOH along with the Grant Advisory Group and UW SOD will enroll one FTE (40-hours/week) fellow(s) to work with the Grant Advisory Group and the Evaluation Team on the grant. The fellow's activities s fellow will serve on the evaluation team, conduct and organize trainings, and convene the focus groups. Other responsibilities include increasing partnerships, regular communication with OH and CSHCN stakeholders, and serving as a liaison between the evaluation team and OH-CSHCN members.

**Objective 1.6:** Develop a sustainability plan by August 2011.

The Grant Advisory Group with input from the 2006 Forum partners will develop a sustainability plan to continue the project after the grant funding ends. Lessons learned, barriers encountered, suggestions for improvement, and plans for the future will be discussed. A comprehensive discussion of this plan will take place at the OH-CSHCN Summit in 2011.

### **Goal 2: Complete needs assessment and develop evaluation plan.**

**Objective 2.1:** Develop an oral health data monograph and data brief for CSHCN by Oct 2007.

The MCH Oral Health and CSHCN Programs, in coordination with the MCH Assessment Section will collect and compile oral health related CSHCN data into a monograph and a data brief. Data will include both national and state level data, showing the most significant findings by demographics and other stratifications. Evidence-based practices and literature review will be the basis for these documents.

**Objective 2.2:** Conduct focus groups, interviews or surveys with: dental providers, medical providers, insurance plans, local oral health referral networks, and families by February 2008.

The UW Fellow/s will work in coordination with the Evaluation Team to conduct focus groups, personal interviews and surveys to collect data about the burden, needs, barriers and opportunities regarding access to oral health care for CSHCN. In Year 1, the focus groups will be convened. Approximately 7-10 focus groups will be gathered including: medical providers, dentists, dental hygienists, maxillofacial teams, medical home teams, families/parents, and insurance providers. A facilitator will ensure that standardized questions are asked from all groups by calibrated interviewers (the fellow and a member of the Evaluation Team). Focus groups' responses will be collected.

**Objective 2.3:** A summary report will be submitted to the Grant Advisory Group and Forum Participants by April 2008.

The UW Fellow/s will work in coordination with the Evaluation Team to develop a summary report on the data collected through the focus groups, interviews and surveys. This report will be presented to the Grant Advisory Group and 2006 Forum Partners. The summary report will include qualitative information to help guide the development of the training curricula and material development.

**Objective 2.4:** Develop evaluation plan by December 2007.

The Evaluation Team will develop a detailed evaluation plan for the whole grant process. This evaluation plan will be reviewed by the Grant Advisory Group.

### **Goal 3: Develop training curriculum for dental and medical providers.**

**Objective 3.1:** Develop curriculum for dental providers that addresses the issues identified by focus groups by February 2009.

The UW Fellow/s will receive guidance from the Grant Advisory Group and work under the supervision of the UWSOD faculty to develop two training curricula for dentists and dental hygienists about how to communicate and care for CSHCN with minor and moderate chronic conditions.

**Objective 3.2:** Update the state's training for medical professionals on oral health screening and primary prevention to include information on CSHCN by February 2009.

The UW Fellow/s will work with the faculty at UW SOD to update the training module developed for medical professionals by DOH and the WA Dental Service Foundation to include information about CSHCN.

**Objective 3.3:** UW will develop DVDs with such curricula, as well as an online product, both of which would be available to providers by February 2009.

Material on DVDs and the online product will be determined after feedback from the Grant Advisory Group, focus groups, and 2006 Forum Partners has been gathered.

**Objective 3.4:** Provide trainings to dental and medical providers at 4 pilot sites by August 2009.

UW faculty and fellow will provide training sessions on site (public health clinics, dental/medical conferences, worksites, etc) in four pilot sites in different areas of the state. Likely possibilities include: Seattle, Yakima, Spokane and Tri-Cities.

**Objective 3.5:** Evaluate the curriculum and trainings provided to dental providers by February 2010.

The UW fellow will work with the Evaluation Team in the evaluation of the curricula and the training sessions at the four pilot sites. The results from the evaluation will be used to improve the curricula and trainings before they are spread statewide.

**Objective 3.6:** Provide statewide trainings to dental and medical providers by May 2011.

The finalized curricula will be shared through trainings throughout the state to dental and medical providers.

**Goal 4: Finalize and disseminate Bright Futures oral health educational materials for CSHCN.**

**Objective 4.1:** Make education materials culturally appropriate.

A professional writer/designer will plain talk the Bright Futures Oral Health materials/fact sheets developed for 20 different common conditions of CSHCN. Each of these fact sheets will have two versions: one for families and the other for professionals. Materials will be available in two languages: English and Spanish. February 2008.

**Objective 4.2:** Disseminate Bright Futures Oral Health materials online and through presentations.

The State Oral Health and CSHCN Programs' websites will display these fact sheets, which will available for free download to all Forum Partners throughout the state as well as the public. Another way of disseminating these materials will be through presentations in state and local oral health, CSHCN, and medical conferences by December 2008.

**Goal 5: Promote systems communication and care coordination among providers, families, insurance plans, and local oral health referral networks.**

**Objective 5.1:** The State Oral Health and CSHCN Programs will provide training to their local oral health coordinators and partners

In order to promote further integration of the work of local oral health referral networks, Oral Health and CSHCN staff will provide training to their myriad of local partners about the newly trained providers, effective mechanism for dental referrals, and how to better connect their current activities. These referral networks include: local oral health coordinators, CSHCN coordinators, medical home teams, maxillofacial teams, etc. The local oral health coordinators will be intensely trained during their Fall and Spring Meetings by May 2011.

**Objective 5.2:** A mid-term meeting will be held to address insurance issues.

A facilitated meeting will be held with insurance carriers, families, providers and the Grant Advisory Group to address billing and reimbursement identified during the focus groups. This meeting will occur after the UW Fellow submits the focus groups report to the Grant Advisory Group and before the trainings start at the four pilot sites so that trainings can incorporate these issues as well.

**Objective 5.3:** Organize a statewide OH-CSHCN Summit by July 2011.

DOH along with the Grant Advisory Group will plan a statewide OH-CSHCN Summit towards the end of the grant funding cycle. The summit will invite all partners and interested parties on this grant to discuss progress of the grant, the developed sustainability plan, and next steps for action. This forum will also bring national and state speakers to talk about issues related to oral health and CSHCN.

Given the highly collaborative nature of this grant proposal, much of the methodology will be specified as the Grant Advisory Group starts to meet and discuss the details for implementation and evaluation.