

What is the Children with Special Health Care Needs (CSHCN) Program?

CSHCN is a program supported by Federal, State and local funding to improve the health, safety, and well-being of children with special needs and their families.

CSHCN services are available to all families of children with special needs, birth through 18 years old, *regardless of family income.*

Who is eligible for services?

Children birth to 18 years of age who:

- are at increased risk of serious chronic physical, developmental, behavioral or emotional conditions
- require health and related services of a type or amount beyond what is generally required

What are some examples of chronic or risk conditions?

Asthma, cancer, autism spectrum disorder, cerebral palsy, Down Syndrome, cleft lip and/or palate, cystic fibrosis, premature birth, speech/language delay, sickle cell anemia, diabetes, arthritis, blindness, hearing loss, gross and/or fine motor delay.



What services are offered?

Public Health Nurses provide Care Coordination services through home visits and/or telephone consultation. A Registered Dietitian and Children's Mental Health professional are also available for consultation.

Nurses provide a variety of individualized services based on an assessment of the family's needs.

Some examples of areas where CSHCN services support families:

- Establish a "medical home" for their child
- Understand their child's condition and what this might mean for the family
- Monitor growth & development
- Address nutrition/feeding concerns
- Find community supports & resources
- Coordinate needed services
- Find child care, obtain special needs subsidies if eligible

What about financial assistance?

A number of financial assistance programs exist for children with special needs. Finding and applying for such programs may be a bit overwhelming. CSHCN staff can help families navigate this maze.

Limited financial assistance is also available through the CSHCN program for specialized medical care or health-related services not covered by private insurance or medical coupons. Income requirements apply for this financial assistance.

How do I make a referral?

Referrals can be made by families, schools, medical & service providers and other concerned people, with consent from families.

Please call our office if you know of a child you think might benefit from CSHCN services, or to consult with our staff.

360-336-9383

Web page: www.skagitcounty.net/health

Email: jennis@co.skagit.wa.us

(please do not use the child's name when making inquiries via email)



Residents of other Washington State Counties should contact their local public health department for assistance, or contact the Children with Special Health Care Needs Program at the Washington State Department of Health in Olympia.

Email: cshcn.support@doh.wa.gov

Web page:

www.doh.wa.gov/cfh/mch/CSHCNhome2.htm



For additional questions contact:

ASK (Answers For Special Kids) Line through Healthy Mothers, Healthy Babies

**1-800 322-2588 or
1-800-883-6388/TTY**

The CSHCN Program is funded by:



**Skagit County Public Health
Children with Special Health Care Needs
700 South 2nd Street, #301
Mount Vernon, WA 98273**

Phone: 360-336-9383

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